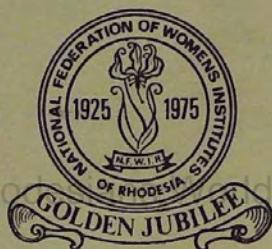


**HOME
AND
COUNTRY**



GOLDEN JUBILEE ISSUE

A LETTER FROM THE PRESIDENT

The celebrations are over. "The tumult and the shouting dies". But it was a momentous year, our Jubilee Year, and what I shall remember most about it was the "togetherness". So many of us learned to know each other better, to appreciate each other more, to understand each other's problems, and that is surely what W.I. is all about - to be concerned, not just with our own little affairs, but with those of others and of our Federation and of our country. We gave thanks on November 30th for what the W.I. has achieved. What now?

Are we, if I may borrow a well-known advertisement, "to be haunted by the ghost of the W.I. past?" Or have our thanksgiving and our Jubilee made a difference? Can we accept that each member is dependent on her own W.I. for her effectiveness, and that each W.I. is dependent upon the whole, the Federation? Together, we can do so much. It is my deep conviction that the women of this country must become involved, concerned in its problems, mentally and emotionally.

And so - make a difference in your own W.I. Start by taking an effective part yourselves. Think how you can improve, how you can involve others, how you can become more responsible. Don't forget that your officers and conveners exist to be of use - use them. Don't forget that the plans we made for this year need your help - your brain, your ideas will be needed at the Symposium, at Congress. Above all, do your utmost to strengthen our feeling of unity. "In the big things of life we are one."

THIS ISSUE HAS BEEN MADE POSSIBLE BY A DONATION FROM THE BETTY SCOTT WREATH FUND AND WE DEDICATE THIS GOLDEN JUBILEE ISSUE TO HER MEMORY.



MRS. JANET SMITH seen chatting to the President
MRS. MARGARET SHARP at the Bulawayo Golden Jubilee
Luncheon held on the 19th February 1975.

Acknowledgements to the Bulawayo Chronicle.

FROM GRANDMA'S RECIPE BOOK:

Some fifty years ago Granny never worried about the cost of living - in fact the phrase was unknown! Her recipe book covered very nearly everything she needed - from making vinegar to preserving cast iron. Here are some gems from the yellowed pages.

FRAGRANCE - HOME-MADE: Collect a quantity of leaves or flowers that have an agreeable fragrance; card thin layers of cotton, and dip into the finest sweet oil; sprinkle a small quantity of salt on the flowers. A layer of cotton and then a layer of flowers until an earthenware vessel or a wide mouthed glass bottle is full. Tie over it a piece of bladder; place the vessel in the heat of the sun. In fifteen days a fragrant oil may be squeezed out, resembling the leaf used.

SOAP: Take 6 lb. potash (75 cents); lards, 4 lb. (50 cents); rosin, ¼ lb. (5 cents). Beat up the rosin, mix all together and set aside for five days; then put the whole lot into a 10 gallon cask of warm water and stir twice a day for ten days; at the expiration of which time you will have 100 lb. of excellent soap for \$1.30 (American).

ARTIFICIAL GOLD: Platinum 7 parts; copper 16 parts; zinc 1 part; fuse together.

FACE WASH: Rose water, 3 oz; bay rum 2 oz; glycerine ½ oz; borax ¼ oz.

TO EXTINGUISH FIRE: Chloride of lime, 20 parts, salt 5 parts; dissolve in 75 parts water. Apply with hand pump.

STAMMERING TO CURE: Read an interesting book aloud slowly and distinctly two hours daily, with the teeth tightly together. Highly recommended.

THE MODE OF SHAKING HANDS: Those who give a tame and loose hand and shake lightly have a cold, heartless and selfish disposition and lack warmth of soul. But those who grasp firmly and shake heartily have a corresponding whole-soulness of character.

E.A. LOGAN, SHAMVA INSTITUTE.

A Time to Remember



FORT VICTORIA INSTITUTE arranged a Cavalcade of Fashion at the Charles Austin Theatre in June in honour of Golden Jubilee Year. The models all pupils from Fort Victoria High School wore garments mainly from the years 1925 - 1975. Many of the garments were completely authentic and some exact copies of the originals.

Pictured in an elegant tea gown of the year 1925 is Vivienne Torr. Her stockings and bar shoes tone and she carries a delicate lace-trimmed parasol.

Three Generations at Bindura



Bindura Institute are very proud of Mrs. Holmes and Mrs. Mylroie who joined the Institute in 1940 and have had almost continuous service. Mrs. Harris was a member prior to having her family of three and now her daughter (a potential 4th generation!) is old enough she has rejoined the ranks. Mrs. May Holmes is 86 years of age and is, in fact, the oldest resident in Bindura. She is an Honorary Member whilst her daughter Mrs. Mylroie has been made a Member of Honour. Their attendance adds tremendous colour to meetings and all members benefit from their unfailing support and, most important their keen senses of humour.

GWelo - L. to R.
Mr. Maytham; Mrs. Betty Eales Secretary; Mrs. Peggy Blackburn Chairman; Mrs. Shirley Vickers Vice Chairman; Senator Mrs. Meg Clark; Mrs. Minnie Champion Treasurer and Mr. Jenkins Headmaster. At tree planting ceremony at Nashville High School.



A Charter for the Women of Southern Africa

- We are privileged** to be women of Southern Africa with its diverse races and cultures. We want to live together, understand and complement one another.
- We are grateful** for this wonderful country and for those who have toiled and sacrificed to develop it. At the same time we refuse to let the hurts and bitterness or entrenched prejudices of the past shape our future.
- We believe** in sound homes where husband and wife are partners for life and both have their unique contribution to make; where children will grow up secure, with a faith in God, knowing right from wrong, and where they will learn such qualities as loyalty, trust, unselfishness and a respect for people of other cultures.
- We regard** running a home and bringing up children as a stimulating challenge — a vocation and not a drudgery.
- We want** to become involved in the needs and problems of our fellow women. This includes caring for children of all nations and races and for their home conditions, as much as we care for our own.
- We deplore** the "throw away" mentality. Let us fix, mend and use again. We shall adopt a simpler life style and shop from need and not from greed.
- We admit** with shame that we are litterbugs. Our city streets, picnic spots and sports stadiums are proof of this. We determine to fight this physical pollution as well as the corruption of our peoples' spirit and morals.
- We realise** that drastic changes in human relations are essential. This will become effective when enough of us start with ourselves. We shall find the way forward not by denouncing "who is wrong" but by working together for "what is right".
- We profess** our total dependence on the renewing power of God to bring change in attitudes, motives and values. This is the key to a better world.

Further copies from: "Women's Charter",
P.O. Box 27751,
SUNNYSIDE.
0132

Golden Salad

- 1 Pkt. Lemon or Pineapple Jelly.
- 1 Cup boiling water.
- 1 Cup pineapple juice.
- 1 Des. spoon vinegar.
- 1 Cup diced pineapple.
- 1 Cup grated carrot or cucumber.

Prepare jelly in boiling water. Add the rest and set in little moulds or one large one. Serve with mayonnaise dressing.

G. SUTHERLAND
MEYRICK PARK/MABELREIGN INSTITUTE

Triangle Celebrates



TRIANGLE CELEBRATES! - Pictured at the Golden Jubilee Dinner from left to right, Mr. Leach, Mr. Goss, President Mrs. M. Sharp, Mrs. Goss, Triangle Chairman Mrs. D. Leach and Mr. Sharp.

GOLDEN JUBILEE STAND AT TRADE FAIR RHODESIA

The Matabeleland Golden Jubilee Committee felt that in this special year it would be of value to put over the image of W.I. at the Trade Fair, which is described as the nation's shop window, and which ran for nine days.

The rental of a suitable pavilion was fairly high but with the financial help of several sponsors and many other firms who donated timber, paint and very valuable labour and man-hours the costs were covered. All the seven city Institutes, as well as Filabusi, took a complete day's duty from 10 a.m. to 9 p.m. and it is estimated that about four hundred visitors were shown around and made aware of our movement and what we do.

In order to interest women, particularly, there was a display of fifty years of Fashion, comprising a painted frieze and Barbie dolls dressed in the fashions of each decade from the Twenties onwards, shown against a background of beautiful Rhodesian scenes painted by a gifted member.

The 'family tree' of NFWIR showing all the standing committees, with ribbons leading to appropriate photographs and articles of handwork done both by Institute and Homecraft members aroused much interest as did the large map of Rhodesia with flags indicating all the Institutes and hundreds of coloured stars for the Homecraft clubs and Institutes. All our publications including the Jubilee book were also on view.

Whilst it is difficult to assess whether any of those contacted through the stand will become future W.I. members it is certain that many misconceptions will have been corrected and a greater knowledge of our movement disseminated to many people from all over the country.

BERYL CASTLE WARD
CHAIRMAN : GOLDEN JUBILEE
COMMITTEE, MATABELELAND

If you can give your child one gift only,
Let it be enthusiasm.

THE GOLDEN YEARS

When I was asked some years ago to give a talk to a Womens' Association, I was puzzled when told the subject was "Japan". Being a gal who can't say no, I agreed but later queried why "Japan" and I was amazed to be told "Oh we thought as you had been born there you would know something about it". It transpired someone had said I'd been born in a paper house and the obvious conclusion was it had been in Japan!

Be that as it may, the fact is I was born in a paper house in good old Salisbury. The nursing home, as it was in those days, was of papier-mache construction. It stood at the corner of Jameson Avenue and Fifth Street and from tales my late mother told, a very good time was had by patients and staff alike. The meals read like a five star hotel with tinned oysters, scotch salmon etc., heading the Bill of Fare.

Salisbury pre the 1914 war, was a dusty happy little place with everyone knowing everyone (plus their pécadillos). Mule drawn water carts were used to allay the red dust which then turned into red mud. My grandmother lived in a small house in Cameron Street (the superior part of Salisbury!) and she kept a small zinc bath at the back door for us to wash our feet before coming inside. Being a French woman she had an inordinate sense of neatness and cleanliness. My father, who had come out from England in 1900, decided to return to answer Kitchener's call - only to find, as he had five children and wife, he was to be given a desk job - so home to Rhodesia we all came! Many and varied were the crises we encountered, dodging Zeppelins in the Channel - a U-boat which torpedoed a prior ship by mistake and, all of us five monsters, going down with whooping cough. We duly settled into a house in Victoria Street and I and my brother were duly installed at the Girls' High School - where our teacher Miss Thackeray used to arrive each day on her motor cycle complete with rush covered sidecar (incipient womens lib?).

My parents decided, as their family was now to have an addition, they required more space, so a five acre plot was bought at Hatfield (£6 per acre) and they forthwith made bricks which were stacked, plastered with mud, and baked. The house, typical Rhodesiana had large high ceilings in the rooms and was flanked by wide verandahs. We had to draw our water from a well in the garden and two galvanised tanks stood at each side and collected the precious rain water from the roof. This water was strictly rationed and, after drawing a bucket or two for hair washing, the lock was duly put on and the key put

away. The bath water was heated in paraffin tins outside and, although there were now six children, the daily bath was a must even when we went down with a dose of malaria.

Our cooking was done on a Dover wood stove and on it many lovely dishes were cooked - is it nostalgia or did things taste better cooked by wood fire? Not only was bread baked each day - five large loaves - but pickles, jams and even soap, was made with its aid.

Our big problem was transport - the roads were very rough and we used to go to school in a utility cart drawn by a mule with the temperament of a prima donna! During the rainy season, the Makabusi River very often came down in flood and we would then have to stable the mule and cart at Elcombe's stables - walk down to the small hand bridge to be hoisted on to an African's back and deposited on the other side - thence to make our way by foot to the Girls' High School. No excuse was accepted for late arrival and many a time I spent recess in the classroom seething under the unfairness of it all. The river which flowed through Kingsway made everything muddy and we slipped and slid our way along. Later when my little sister Joy attended school we would frequently lose her in the cosmos which covered the veldt where the present Post Office now stands.

Despite, or perhaps because of, our tough upbringing we enjoyed our treats and spare time all the more - in later years we built a tennis court and there are many prominent persons in Salisbury today who used to cycle out on Saturday afternoons to play tennis and to stay on in the evening when we danced on the verandahs to the piano or, our pride and joy, a wind-up gramophone. Our family grew to ten and how happy we all were with wonderful parents who taught us so much - how to dance, play cards, ride horses, graft a tree, read the Bible and were always there to share joys and sorrows.

Happy memories of a different world so long ago when everyday seemed filled with laughter and Salisbury little more than a village.

PHYL LA-MERTON
HATFIELD INSTITUTE

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PHYL LA-MERTON
HATFIELD INSTITUTE



MARANDELLAS - The Mayor and Mayoress, Chairman Mrs. A. Vliismas and Mrs. A. Brookes Maiden planting Golden Cypress trees.



MEYRICK PARK/MABEL-REIGN planting 50 trees.

SHELAGH WORSLEY, MELSETTER CHAIRMAN planting one of their 25 golden-flowering trees.



Trees Trees Trees

SHANGANI CHAIRMAN and MEMBER GETTING DOWN TO IT!



MRS. BETTY LAPHAM and MRS. RUTH CAMERON planting Cassia Spectabilis in Fort Victoria.



OVER 500 TREES PLANTED IN TOWNS, VILLAGES, SCHOOLS, AND OLD AGE HOMES!



In August, Shamva W.I. held a highly successful Ladies Day at which demonstrations and lectures were given and THE KUMBUEZDI CLUB are seen above entertaining with traditional songs. Among the speakers were MRS. BETTY HUGHES National Honorary Secretary and MRS. JEAN CROOKS P.R.O.

TWO GENERATIONS OF W.I.

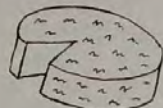
MRS. ELSIE MAYLAM, Hon. Treasurer HILLSIDE INSTITUTE and her daughter MRS. LORRAINE STAINER member of FORT VICTORIA INSTITUTE. Whilst living in SHABANI Mrs. Stainer was instrumental in forming the SHABANI A.W.I. Mrs. Maylam's mother was also an active member for many years.



UMTALI W.I. celebrated the Golden Jubilee by holding a luncheon party in the Cecil Hotel, Umtali on Friday 20th June. This very happy and successful occasion was attended by seventy members and guests. Guest of Honour was MRS. RENA QUINTON, Vice President. Members came from as far as INYANGA, MELSETTER, RUSAPE and HEADLANDS.

Gold Cake

- 1½ cups of flour.
- ½ cup butter.
- 2 level teasp. baking powder.
- Yolks of 4 eggs.
- 1 cup of sugar.
- ½ cup milk.
- Juice and rind of one lemon.



Sift baking powder with the flour. Cream butter and sugar, add yolks of eggs and beat well. Add flour and milk alternately and the lemon juice and rind. Bake in a moderately hot oven, 375° - 400°F for 30 - 40 minutes. Cover with Yellow Icing (butter, fruit juice glaze or boiled mountain cream) flavoured with lemon or orange juice.

SHIRLEY SINCLAIR
MELSETTER INSTITUTE



The Chairman of the Salisbury Municipal Orchestra, Councillor John Senior, here presenting a cheque for \$300 to Mrs. Margaret Sharp, President NFWIR, for the assistance given by W.I. members at the season of concerts by Lionel Bowman. The cheque to be used as a musical bursary to celebrate Golden Jubilee Year.

AROUND THE INSTITUTES

BEATRICE - a magnificent 162 trees planted. BELLEVUE - Fashion Show. BINDURA - Jubilee Luncheon. BROMLEY/RUWA - Garden Party with Homecraft Exhibition. Presented gas cylinder, ring and lamp to Bromley Homecraft Club. BURNSIDE - Croquet parties, Dinner Dance. CHIPINGA - Film Show, display of Arts and Crafts by Womens' Clubs. DARWENDALE - International Party. ENKELDOORN - successful quiz and a cake sale. EMPRESS MINE - Jubilee Ball and a fete. ESSEXVALE/BALLA BALL BALLA - Ex. Co. Meeting. Memorial garden to Foundation Members. Birthday and Golden Jubilee celebration at Homestead. FILABUSI - Jubilee Shop and raffles, plus local catering for Project. FORT VICTORIA - Cavalcade of Fashion through the Ages. GATOOMA - May Ball and Baking Competition. GLENVILLE RICHMOND - cake sale. GREENDALE/HIGHLANDS - donation of tape deck for land rover. GWELO - fashion show, cake sale and tea party for past and present members. HATFIELD - morning market. HARTLEY - Golden Jubilee Ball, fashion show, exhibition of handicrafts by W.I. members at Town House, window displays. HEADLANDS - Antique and Heirloom Exhibition, sale of work. HILLSIDE - Bridge luncheon. JUMBO - canteen for the troops. KARIBA - donated Language Master Tape Recorder to local school and had a cake sale and raffles. MANGULA - had a combined dinner with SINIOIA. MARANDELLAS - an Easter morning market and garden party. MASHABA - dinner dance at Gaths Mine Club. MATOPOS - combined cake sale. MELSETTER - Open Day. NORTON - garden party. NYAMANDHLOVU - Mexican Fiesta Dance. QUE QUE - gala film evening, fashion show, service at St. Stephen's. REDCLIFF - cake sale and disco. RUSAPE - Antique Lace and Needlework Exhibition, a Toy Fair and donated a bench with plaque for elderly shoppers. SALISBURY - organised a family picnic at Makabusi Woodlands for members and guests from other Institutes. SHABANI - Variety Concert. SHAMVA - improved grounds of area, Shona lessons for residents, Family Tree Walk and Ladies Day and awarded "Woman of the Year" shield, service at St. John's, Shamva. SINIOIA - dinner with MANGULA. TRIANGLE - dinner and service at Catholic Church. UNTALI - Area Luncheon Party. UMVUKWES - fashion show and Jumble Sale. WATERFORD - cake sale and croquet mornings. WATERFALLS - social afternoon at Waterfalls Trust.

Children are a great comfort in your old age - and they help you reach it faster too!!

Gala Evening at Reps



L. to R.: MR. L. SHARP, MR. J. QUINTON, MRS. M. SHARP, MRS. WRATHALL, MR. J.J. WRATHALL, MRS. RENA QUINTON.

TWO GENERATIONS - a delightful picture of MRS. JOYCE GIBBONS who joined MEYRICK PARK/MABELREIGN Institute in 1964 and her mother MRS. D. BOOTH who joined W.I. in England in 1928 and SALISBURY in 1948, and has also been a member of her daughter's Institute for three years. The photograph was taken at SALISBURY INSTITUTE'S highly successful family picnic at the Makabusi Woodlands which was also the site of their tree planting ceremony earlier in the year.

Two Generations



GOLDEN JUBILEE SPECIAL EVENTS DIARY

BULAWAYO - Inaugural Luncheon. Trade Fair Stand. Inter-Institute Quiz. Heirlooms of Tomorrow Exhibition. Tree Planting in Park. Executive Council Meeting at Essexvale. Celebrity Luncheon. Jubilee Congress. Pilgrimage to Essexvale. Combined International Day. Thanksgiving Service. Presentation of Commemorative Bird Bath to City.

SALISBURY - "Melody and Mirth", Courtauld Hall. Jubilee Symposium, University of Rhodesia. Celebrity Luncheon. Municipal Orchestra Concerts. Gala Evening at Reps. Inter-Institute Quiz. Heirlooms of Tomorrow Exhibition. Golden Jubilee Dinner. Thanksgiving Service, Anglican Cathedral.

GOLDEN JUBILEE CONGRESS:

Distinguished visitors on their way to the evening opening of the Golden Jubilee Congress.

L. to R.: Mrs. Horwood, Mrs. A. A. Dupont, Mrs. J. J. Smith and Mrs. M. M. Sharp.



ILLANDA/WOODLANDS Institute in 1975 fashion all ready for the Pilgrimage to Essexvale:



LADIES FROM THE CISKEI IN TRADITIONAL DRESS GIVING A GIFT TO THE PRESIDENT
MRS. SHARP AT CONGRESS.

The handing over of the monitor unit to Dr. Binnie by the President on behalf
of the National Federation of Women's Institutes of Rhodesia.
(Acknowledgements to the Rhodesia Herald)



THE CULMINATION OF A YEAR'S WORK.



"THE SONG OF PEACE"

Sung to Finlandia by Sibelius

This is my song, O God of all the nations
A song of peace for lands afar and near
This is my love, the country where my heart is,
This is my hope, my hope, my dream, my shrine,
But other hearts in other lands are beating
With other dreams, the same as mine.

My country's skies are bluer than the ocean
And sunlight beams on clover, leaf and pine
But other lands have sunlight too, and clover
And skies are sometimes, sometimes blue as mine.
O hear my song, then God of all the nations
A song of peace for their land and for mine.

